

# Honey Mustard Chicken Bake

**Yield:** 4 Servings    **Author:** Lauren

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Prep time: 10 M    Cook time: 40 M    Total time: 50 M

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Chicken breasts smothered in honey mustard and topped with mushrooms, bacon, and cheese for a comforting casserole

## INGREDIENTS:

- 1 lb Chicken Breast
- 6 Tbsp Honey Mustard
- 8oz Fresh Mushrooms
- 8 Slices Turkey Bacon
- 1/2 Yellow Onion
- 1 cup Reduced Fat Cheddar Cheese
- 1 Tbsp Garlic Powder
- Salt and Pepper to Taste

## INSTRUCTIONS:

1. Preheat the Oven to 375
2. Cook the turkey bacon- I cook mine in the microwave
3. While the bacon is cooking, chop the mushrooms and onion into bite sized pieces
4. Spray a casserole dish with non-stick spray and place the chicken breasts on the bottom of the dish
5. Sprinkle the garlic powder over the chicken and add salt and pepper to taste
6. Spread the honey mustard over the chicken
7. Add the chopped veggies to the chicken
8. Crumble the bacon into small pieces and sprinkle over the dish
9. Top the dish with the cheddar cheese and cover with foil
10. Bake for 30 minutes, remove foil, and bake for 10 more minutes or until chicken is cooked through
11. Serve Hot and Enjoy!